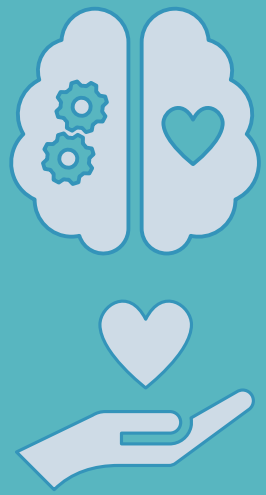


THINK DELIRIUM



ASK:
“Is this person
more confused
or drowsy than
normal?”

If yes,
TAKE ACTION

Pain – Is the individual expressing pain? Assess and manage pain, consider regular analgesia.

Infection – does the individual have an infection? Consider urine, chest or skin infection?

Nutrition – is the individual malnourished? Consider quality and variety of food and promote routine mealtimes.

Constipation – has the individual had their bowels opened regularly? When was their last bowel movement?

Hydration/Hypoxia – is the individual dehydrated? Have they been drinking plenty of fluids? Are their oxygen levels within their normal parameters?

Medications – has the patient had changes to their medications? Are they experiencing side effects? Request a medication review.

Environment – Has the individual been moved to a new environment with unfamiliar surroundings? Reorientate person to date, time, place and reassure they are safe.