

WHAT IS DELIRIUM?

Delirium In Critical Care

Delirium is a mental state in which you are confused, disoriented, and not able to think or remember clearly. The chances of developing Delirium are significantly higher in a critical care setting



How does it effect Critical Care Patients?

patients suffering from delirium may have delusional thoughts or see images which seem very real to them. In addition, unlike a dream, these images do not fade away but come and go continuously

Delirium is surprisingly common

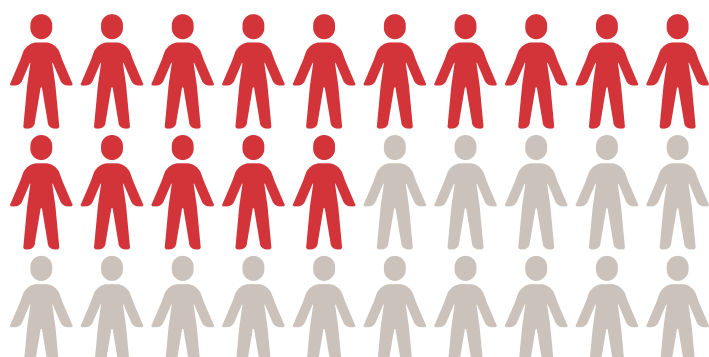
85%



Up to 85% of critical care patients may experience some form of delirium (Inouye et al. 2001; Page 2008)

Mortality rates are significantly higher in patients with Delirium

50%



[Royal College of Physicians and British Geriatrics Society, 2006b].

What are the risk factors of Delirium?

Low Oxygen Levels

Immobility

Infections

Constipation

Kidney/ Liver disease

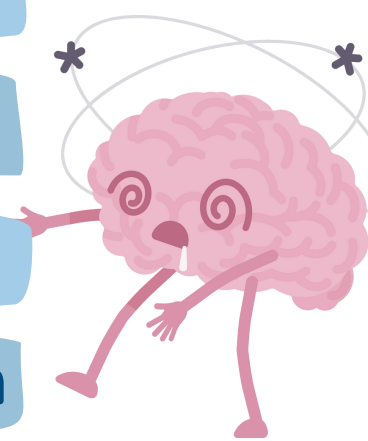
Dehydration

Substance withdrawal

Sleep Deprivation

medication side effects

Age



For assistance and further education on Delirium please contact a member of the rehab team

<https://royalpapworth.nhs.uk/our-hospital/latest-news/intensive-care-delirium>

managing delirium in the ICU with sleep guardians, C. Irwin, S. Parkinson