



Think something is "off" ?

THINK DELIRIUM

Listen for warning words like these:

*She's not
herself*

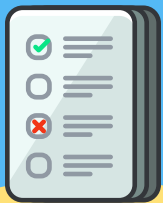
*More
confused*

*Vague
complaints*

*Agitated or
withdrawn*

and do a full work-up to investigate for causes of delirium.

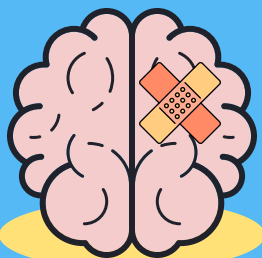
REMEMBER:



Use a tool to assess for delirium, like the CAM, 4AT or the SQiD



Delirium is caused by any change in health status, including acute illness, metabolic changes, pain, medications, and psychological stress. There is often more than one factor.



Help the brain recover by treating the cause, and with supportive care like fluids, food, engagement and mobilization



Delirium can be hyperactive, where the person is agitated, hypoactive, where they are drowsy, or mixed, where they have both features at different times. Hypoactive delirium often goes undiagnosed.