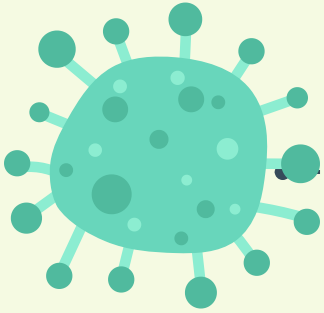


HUMANIZING DELIRIUM CARE WITH A PINCH PINCHMEtoSAVEME



Pain: Assess for pain and treat it.

P

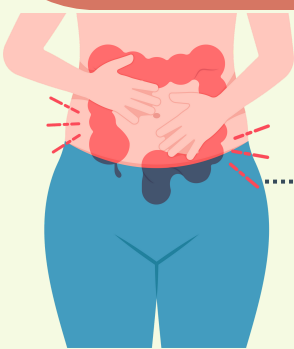


I

Infection: Could it be an infection?
Urinary/Respiratory

Nutrition:
Malnourished? Consider quality, culture, mealtimes

N



C

Constipation:
Bowel habits, Last bowel movement

Hydration:
Dehydration?
Adequate fluids

H



M

Medication:
New Meds, opioids, sedatives

Environment: Unfamiliar environment, recent ICU stay, Post-op

E



S

Sleep & Rest: Ensure adequate sleep/rest.
Sleep wake cycle

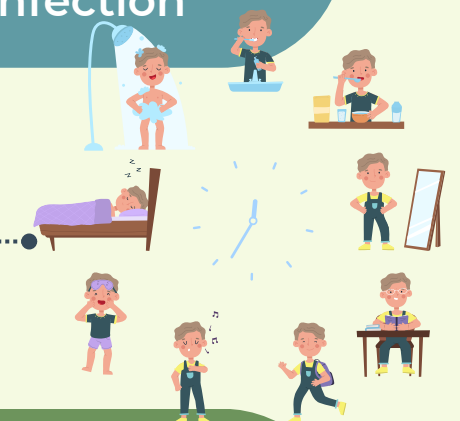
Avoid Polypharmacy:
Med review.
Discontinue Meds if possible

A



V

Vigilance for Infection:
Regular monitor for signs of infection



Environmental Modifications:
Calm, regular routine, noise control

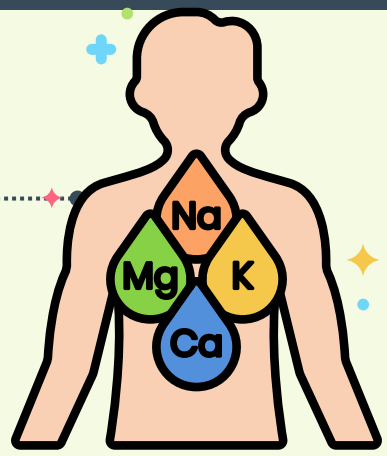
E

M

Mobility:
Encourage Movement/Walking



Electrolyte
Imbalance: Monitor
and Correct



What's wrong with me? Am I dreaming?
PINCHME-SAVEME.
Wake me up from this!

