

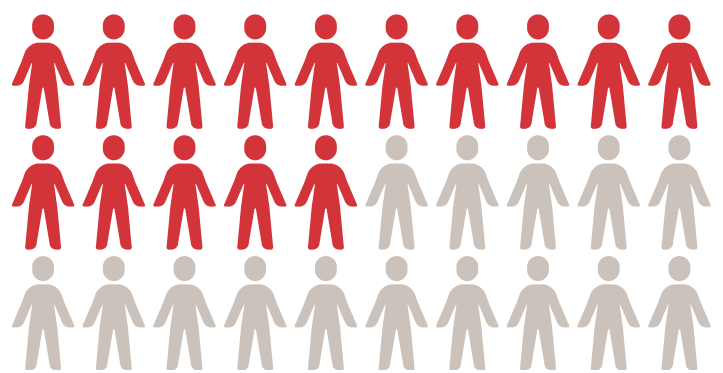
PREVENTING DELIRIUM WITH NUTRITION #WDAD2024

Providing patients with oral nutrition shakes (ONS) can reduce malnourishment decreasing risk for delirium



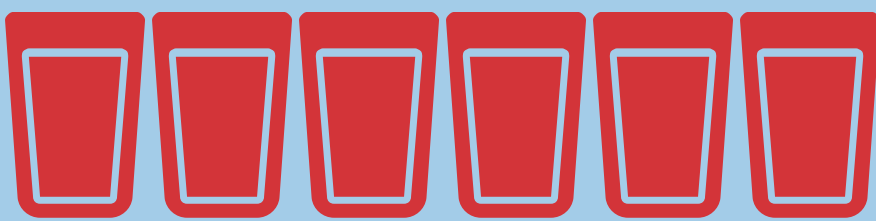
Over 50% of patients in Canada are malnourished upon ER admission or become malnourished in the first 3 days of admission

>50%
of patients



How can I implement ONS?

Starting on day 1 in the ER, patients who are vulnerable or have recent weight loss are eligible. Provide them with 2 ONS a day, for their first 3 days. ONS can look like Ensures, Boosts, or homemade milkshakes!



**2x a day for
3 days**

Along with preventing delirium, providing patients with ONS can help reduce length of stay and morbidity from infection



Eagle Ridge Hospital

FRASER HEALTH

Reference

"Malnutrition Care for All." Canadian Malnutrition Task Force. 2022.

https://nutritioncareinCanada.ca/sites/default/uploads/images/CMAW2022-ENG/HealthcareSettings_CMAW2022-ENG.jpg