

# PREVENT DELIRIUM

1 in 3 cases can  
be prevented

## Think delirium

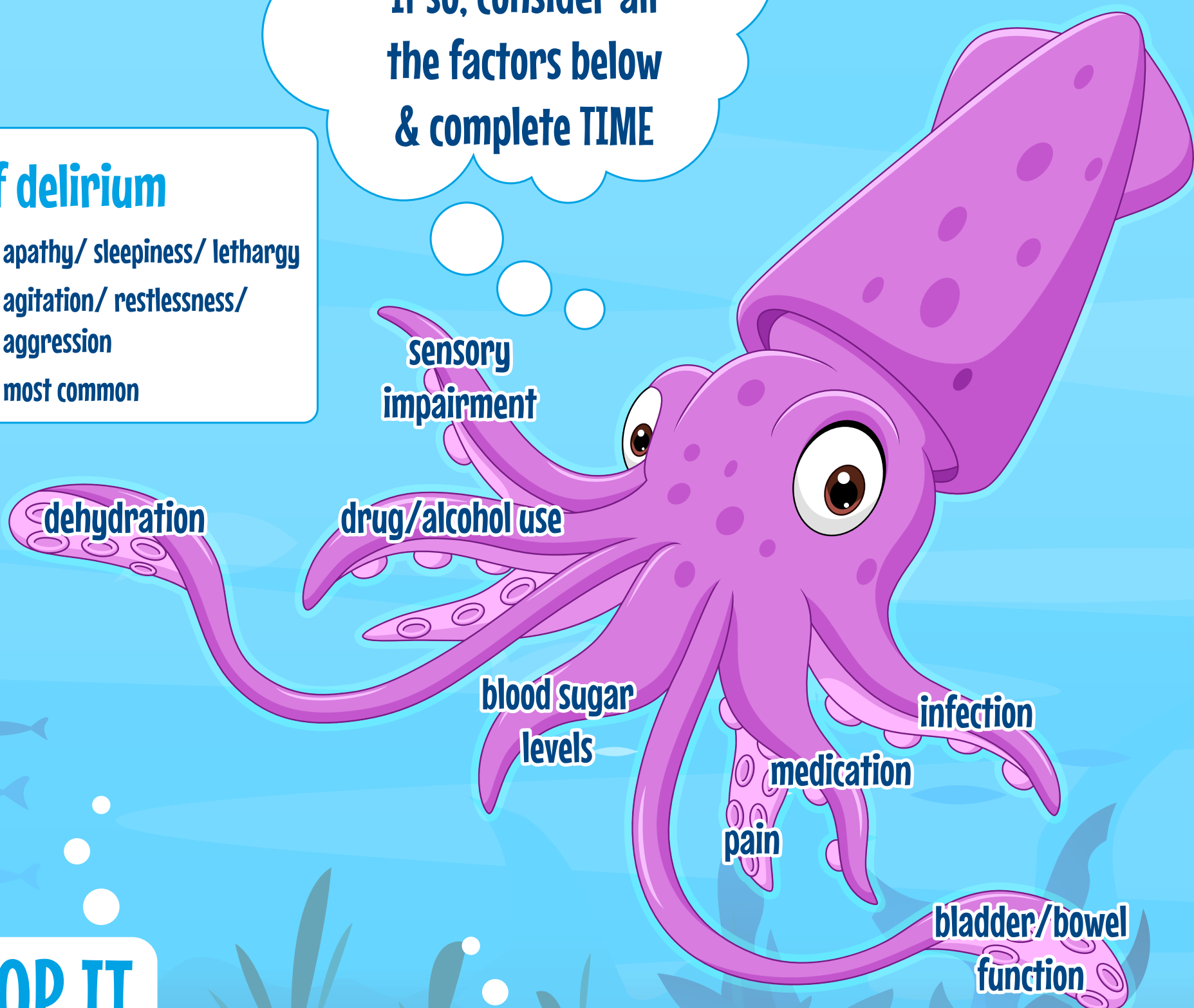
Is the 4AT > 4?

If so, consider all  
the factors below  
& complete TIME

4AT should be completed for  
ALL patients who are aged 65  
& over – for Patients with  
existing cognitive impairment,  
previous delirium, hip fracture  
or severe illness.

## Types of delirium

Hypoactive	apathy/ sleepiness/ lethargy
Hyperactive	agitation/ restlessness/ aggression
Mixed	most common



## STOP IT

Screen all patients daily using **SQid**

Is the patient more confused / drowsy than normal

Ask the question to a relative / NOK