PREVENT DELTRUM

Think delirium

Is the 4AT > 4?

If so, consider all

the factors below

& complete TIME



1 in 3 cases can be prevented

Types of delirium

Hypoactive Hyperactive

Mixed

apathy/ sleepiness/ lethargy agitation/ restlessness/ aggression most common

dehydration

sensory impairment

drug/alcohol use

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blood sugar levels 4AT should be completed for ALL patients who are aged 65 & over – for Patients with existing cognitive impairment, previous delirium, hip fracture or severe illness.

infection

bladder/bowel

function

medication

DA pair

STOP IT

Screen all patients daily using SQiD

Is the patient more confused / drowsy than normal

Ask the question to a relative / NOK

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